

# Designed to fit your life

The Active Bunion procedure was created to treat up to 90 percent of moderate to severe bunion cases.

## **Active Bunion:**

- Corrects your bunion in multiple dimensions
- Improves on 3D Lapidus bunion surgeries because the bones in your foot are not fused



- Can be completed in fewer surgical steps, reducing the time you spend in surgery compared with other bunion corrections
- Is less invasive internally and externally

The result can be a quicker return to natural movement, so your foot—and you—move freely again.

Individual results may vary. Only your doctor can decide if this surgery is the best choice for you.



I don't want a permanent joint fusion in my foot, and I want the smallest possible scar."

~ Bunion surgery candidate

# What are the advantages of Active Bunion surgery?

# Fewer steps can mean less time in surgery

Active Bunion requires fewer steps for your doctor to complete the correction, so it may take 20-40 minutes, compared to 40-90 minutes for traditional or 3D Lapidus surgeries.

*Individual results may vary.* 



# Your bunion is corrected in multiple dimensions, without fusion

#### Move naturally in all directions

Active Bunion corrects the bunion and is intended to allow your surgeon to return the bones of your foot to their orginal alignment.

During surgery, your surgeon can make adjustments in all three planes of how your foot naturally moves: up and down, left to right, and tilting inward and outward. That corrects and restores your range of motion, without fusing any joints.

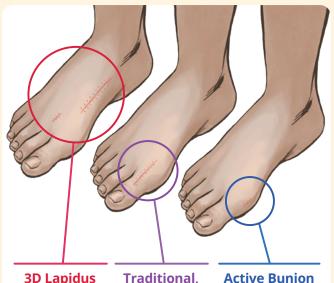
# Smaller incision can result in less scarring, inside and out

**Inside** ... Unlike more complicated, "open" surgeries that correct the big toe joint or fuse joints in the mid-foot, the Active Bunion can be less invasive and does not directly change any joint in your foot.

For the Active Bunion procedure, a simple correction is made in the bone below your big toe joint and then secured using the CoLink Vallux® surgical plate. The sensitive joint area itself is not involved. This means the soft tissues (tendons and ligaments) around the joint and bones—commonly a cause of swelling and stiffness after surgery—are less likely to be disrupted.

Because this surgery is less invasive, you may experience less pain than you would with other bunion surgeries and may be able to return quickly to normal activities.

And out ... In most cases, your doctor only needs to make a small incision to correct your bunion with the Active Bunion. After healing, you'll have a small, oneinch scar that is barely visible compared with a two- or three-inch incision used for other bunion surgeries.



#### **3D Lapidus Procedure**

~2-3" external incision. fused joint

#### Traditional. **Open Bunion**ectomy ~2" external and

~1" external incision, which internal incision can result in minimal scarrina

**Procedure** 



# with CoLink Vallux® Surgical Plate

Simplest correction with no joint fusion, and minimal impact on the joints



#### **3D Lapidus Procedure** Joint is permanently

*fused,* requiring longer healing time and adding the risk that the bones will not properly fuse together; big toe may also appear shorter

### No fused joints

The Active Bunion procedure does not fuse the joint. All 3D Lapidus-type bunion surgeries require fusing the joint bones at the midpoint of the foot. As these bones heal, they grow together and 'fuse,' and may restrict your foot's movement.

Many surgeons only fuse joints as a last resort and consider the 3D Lapidus procedure an excessive correction in many cases.

- Cosmetically and functionally, the fusion procedure may also shorten your big toe.
- Medically, fusion adds the risk of 'non-union,' and could require another surgery to repair.
- Long-term, a fused joint can make any future foot surgeries more challenging.

All surgeries have benefits and risks. Ask your doctor to explain the differences between treatments.



# **Experience the Active Bunion procedure**

With no joint fusion or intrusion, Active Bunion surgery can get you back on your feet more quickly. Your foot may be less stiff while healing, and you may heal faster, compared with other bunion surgeries that fuse the bones of your foot.

In many cases, people who have this treatment start walking soon after surgery. Follow your doctor's instructions so you can get and stay active, free from bunion pain.

Learn more at ActiveBunion.com







Please note: The information and images enclosed are provided for reference purposes only. This is not created or intended as self-diagnostic or self-treatment protocol. Review your conditions with your physician who will recommend the best treatment option[s] based on individual assessment. Each surgeon must evaluate the appropriateness of specific devices and/or techniques based on his or her own medical training, clinical judgment, surgical experience, and specific patient indications. Proper surgical techniques and procedures are the responsibility of the medical professional. In2Bones cannot recommend a device or procedure that is suitable for all patients. Product specific indications, contraindications, warnings, and precautions are listed in the product package insert and should be reviewed by the physician and operating room personnel.

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